

# Feasibility study adapting and implementing CP@clinic for a South Asian population



**26** CP@clinic sessions with paramedics



**71** participants, predominantly **male** and **South Asian**



**52** participants at the Sikh temple



**19** participants at the recreation centre



Volunteers provided translation in **Hindi, Punjabi** and **Urdu**



**Agarwal G, Bhandari M, Pirrie M, Angeles R, Marzaneck F.**  
Feasibility of implementing a community cardiovascular health promotion program with paramedics and volunteers in a South Asian population. *BMC Public Health* (2020) 20, 1618

Implementing the CP@clinic program in **places of worship** is a feasible approach to adapting the program for a South Asian population.

In the future, a **funded translator** plus the volunteers would make the program more sustainable.

There is substantial opportunity for addressing risk factors in this population using the CP@clinic program.

Family Medicine

