The CP@clinic® and CP@home® Programs Can Help Older Adults on the Long-Term Care (LTC) Waitlist Stay Safe at Home

Older Adults in Social Housing:

- **Rate of transfer to LTC**: Up to 5x
- **52%**: Problems with mobility
- **35%**: Had at least 1 fall in previous year
- **34%**: Problems doing daily activities
- **19%**: Problems doing self-care
- **14%**: Classified as 'frail'

2019 LTC Waitlist = **34,834** Older Adults

We hypothesize:

- 16,380 social housing older adults could qualify for LTC
- If 50% are on the LTC Waitlist:

*Compared to the general population of older adults, based on preliminary analysis on data gathered from ICES 2017/2018

**Based on problems doing self-care

CP@clinic and CP@home are evidence-based, cost-effective1-3 programs that will benefit older adults on the LTC Waitlist and keep them safe at home by:

- Improving health and quality of life
- Identifying and managing chronic diseases before they become unmanageable
- Empowering and educating older adults to look after themselves
- Connecting back to primary care


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